

INTERSCHOLASTIC ACTIVITIES
ATHLETIC HANDBOOK
2011-2012



NORTH COUNTY R-1
SCHOOL DISTRICT

HOME OF THE "RAIDERS"

INDEX

Code of Conduct-Sporting Events.....	1
List of Activities	2
Foreword and Objectives	3
MSHSAA Eligibility Standards	
Citizenship, Attendance, Academics.....	4
Pre-Season Practices	4
School Transfers, Physicals, Proof of Insurance	5
Parental Permission, Participation and Age Limits	5
Entering School.....	6
Amateur Standards, Early Graduation	7
Sportsmanship	7
Non-School Competitions	7
College Try-Out, All-Star Games, Sports camps	8
Foreign Student Eligibility.....	9
North County R-1 Standards & Rules	
Citizenship Guidelines, Misconduct, ISS or OSS.....	9
Cell Phones/Cameras Prohibited in Locker Rooms.....	9
Misbehavior and Other Offenses	10
Due Process.....	11
Transportation	11
Uniforms.....	12
Dropping a Sport, Missing Practice.....	12
Off Season Conditioning	12
Dual Participation and Conflicting Activities	13
Awards	14
College Bound Athletes.....	14
Drug Testing Policy	15
Drug Testing Consent Form.....	18
Student Form 2920	19

NORTH COUNTY SCHOOL DISTRICT

Code of Conduct-Sporting Events

In order to ensure a safe and orderly environment in which our students can maximize their educational and social development, the following regulations are enacted with respect to the conduct of fans at sporting events.

1st Incident*: The individual is suspended from the next four contests of the same level and sport. The incident will be documented and remain on file permanently.

2nd Incident*: The individual is suspended from all activities, home and away for 365 days. The individual is responsible for setting up a meeting with the Superintendent to meet with the Board of Education to become reinstated. The second offense will be reported to the authorities.

*An incident is at the discretion of the North County Administration. Any act that is in the realm of unsportsmanlike conduct with regard to officials, coaches, game personnel and general attendance of a school activity is considered an incident. Depending on the severity of the incident, the North County School District has the right to waive this policy and take further action.

**NORTH COUNTY R-1 SCHOOLS
INTERSCHOLASTIC ACTIVITIES
AND
ATHLETIC PROGRAM
2011-2012
RAIDERS AND LADY RAIDERS**

MIDDLE SCHOOL

INTERSCHOLASTIC COMPETITION:

ACTIVITIES:

Cheerleading
Academic Bowl
Band
Choir

SPORTS:

Football
Volleyball (girls)
Cross Country
Wrestling
Track & Field
Basketball

HIGH SCHOOL

INTERSCHOLASTIC COMPETITION:

ACTIVITIES:

Cheerleading
Academic Bowl
Band
Choir

SPORTS:

Football
Volleyball (girls)
Softball (girls)
Cross Country
Tennis
Basketball
Wrestling
Baseball (boys)
Golf (boys)
Track and Field
Soccer

The North County Middle School is a member of the Mineral Area Jr. High Activities Association and of the Missouri State High School Activities Association.

The North County High School is a member of the Mineral Area Activities Association, Mississippi Area Football Conference, SEMO Wrestling Conference, and the Missouri State High School Activities Association.

**NORTH COUNTY R-1 SCHOOL
ATHLETIC and INTER
SCHOLASTIC ACTIVITIES
HANDBOOK
2011-2012**

FOREWORD

The athletics and interscholastic activities program of the North County R-1 High School provides opportunities for the participant, student body, and community to develop positive, responsible attitudes and personal enrichment from the programs provided. A student's desire to participate in the North County Athletic or Interscholastic Activities Program, and their family's interest is very gratifying to our school system. We believe that participation in sports provides a wealth of experiences which assist students in personal adjustments. Participation is a privilege, not an inherit right; therefore, eligibility for involvement is determined by the North County R-1 School District in conjunction with the Missouri State High School Activities Association standards. A student who elects to participate in athletics is voluntarily making a choice of self-discipline. These are the reasons we place such stress on good training habits, academics, and conduct. A student whose academic work, character, and/or conduct are such as to reflect discredit upon themselves, their family, or their school will not be allowed to participate in athletics. Decisions on these matters will be handled by the coach, athletic director, administration, and the Board of Education.

OBJECTIVES

The North County High School Athletic and Interscholastic Activities Program should provide experiences that result in the development of good citizenship and personal development through:

1. Improved physical fitness and health.
2. Respect of authority and rights of others.
3. The value of fair play and ethical standards.
4. The desire to succeed and excel.
5. Self discipline and emotional maturity.
6. Values of hard work and commitment.
7. The development of a positive attitude toward competition.
8. The ability to think as an individual, to interact within a group, and to develop leadership roles.

M.S.H.S.A.A. ELIGIBILITY STANDARDS

(Missouri State High School Activities Association)

CITIZENSHIP

You must be a creditable citizen. Creditable citizens are those students whose conduct-both in school and out of school-will not reflect discredit upon themselves or their school.

ATTENDANCE

****If a student misses class(es) without being excused by the principal, the student shall not be considered eligible on that date. A student must attend at least a minimum of four hours the day of an activity (practice or contest). Attending four hours does not make the athlete eligible if the building principal does not excuse the other hours. Sleeping in will not be considered an appropriate reason. If the activity (practice or contest) is on a non-school day, your attendance on the previous school day will determine your eligibility. In an extreme emergency this rule may be waived, with prior permission by the administration.**

****The above rule appears on page 20 of the current MSHSAA Official Handbook.**

ACADEMICS

Grades 9-12

You must have passed, the preceding semester a minimum of six (6) classes which carry high school credit. Currently, you must be enrolled in, and regularly attending, 6 credit classes. (Study hall does not count as one of these. The classes must be taken for credit.) Credits earned and completed after the close of the semester will not fulfill this requirement. *****One Credit** may be earned during summer school and counted for the previous semester. Summer school courses may count for eligibility purposes as long as they are necessary for graduation or promotion, and are placed on the school transcript. If you are a beginning ninth grade student, you must have been promoted at the close of the previous school year. You must be making satisfactory progress toward graduation as determined by the North County Board of Education.

The Activities Director, High School and Middle School Principal will be involved with courses that are outside of the normal school day and if they meet MSHSAA requirements. As more options become available for students to earn credit, the options will be reviewed by the Administration. If you have any questions, please contact any of the above mentioned administrators.

COLLEGE JUMP START PROGRAM

It is the students responsibility to ensure MSHSAA eligibility including minimum enrollment requirements. Before dropping a course, first consult with your Athletic Director or Principal to protect and maintain your eligibility.

ACADEMICS

Grades 7-8

You must be enrolled in a normal course load for your grade. You must have been promoted to a higher grade at the end of the previous year. However, even though you may have been promoted, you will be ineligible if you failed more than one course the previous quarter.

PRACTICES PRIOR TO START OF SEASON

Each individual athlete must have participated in 14 practices on 14 separate days before they may participate in any game or meet. This restriction is waived if an athlete competed in the previous sports season. This requirement is 10 practices for softball, tennis, golf, and cheerleading.

TRANSFERRING SCHOOLS

If you transfer schools and your parents do not move into the district of your new school, you will be ineligible for 365 days – unless you meet one of the exceptions listed in the MSHSAA Residence/Transfer Rules.

If you move with your parents to your new school district, you will be eligible at your new school provided you were eligible in all other respects at your former school. A student shall not be eligible to represent two different schools in the MSHSAA state tournament series in the same sport during the same season. You and your parents must move to the new residence at the same time. Always check with your school principal before you transfer to determine whether it will affect your eligibility.

PHYSICALS

MSHSAA requires each athlete, cheerleader, and Raiderette to have a current physical on file with the school. **Physicals issued after February 1 are good for the following school year also.** The following people may conduct the physical exam:

- Physician
- Advance Nurse Practitioner with a Sponsoring Physician
- Physician's Assistant with a Sponsoring Physician

A student shall not be permitted to practice or compete for a school until a complete, signed certificate is on file at the school.

PROOF OF INSURANCE

An athlete, cheerleader, or Raiderette shall not be permitted to practice or compete for North County School until it has verification that the student has basic insurance coverage.

PARENTAL PERMISSION

Prior to a student practicing or competing on North County athletic teams, cheerleading, or pom-poms a statement (on the back of the physical form) and the Acknowledgment of Activity Rules and Guidelines shall be signed by the student's parents or guardians granting permission for the student to participate in interscholastic athletics.

PARTICIPATION LIMITS

Grades 9-12

You are eligible to participate in any sport or interscholastic activity for a maximum of four seasons. Any part of a contest played during a season counts as a season of participation. Your eligibility to participate in high school activities begins when you first enter the ninth grade and lasts for the next succeeding four consecutive years (eight consecutive semesters).

Grades 7-8

You are eligible for only your first two semesters of attendance in the 7th grade and for only your first two semesters in the 8th grade. You are not eligible to compete with or against students enrolled in the tenth grade or above when you are enrolled in either the seventh or eighth grade.

There are exceptions to this rule if you are ineligible for your grade level because of age.

AGE LIMITS

Grades 9-12

If you reach 19 years of age prior to July 1, you will be ineligible the next school year.

Grades 7-8-9

In order to participate on or against teams made up of only seventh graders, you must not have reached 14 years of age prior to July 1 preceding the opening of school. In order to participate on or against teams made up of only eighth graders, you must not have reached 15 years of age prior to July 1 preceding the opening of school. In order to participate on or against teams made up of only ninth graders, you must not have reached 16 years of age prior to July 1 preceding the opening of school. *****However, you may participate with the next higher grade when you no longer meet the age limit for your grade.

ENTERING SCHOOL

You must enter school within the first 11 days of the semester in order to be eligible. This does not apply to transfer students as long as they have entered their old school, during the first eleven days of the semester.

AMATEUR and AWARDS STANDARDS

You will become ineligible in the sport concerned if you receive cash for participating in an athletic contest in any sport that the MSHSAA member schools conduct interscholastic programs. (Merchandise received shall not exceed \$100.00 suggested retail price.)

You may accept awards which are symbolic in nature, such as medals, ribbons, trophies, plaques, etc. for participating in a school athletic program. You may accept awards which are merchandise and such awards shall not exceed \$100.00 in the suggested manufacturer's retail price.

PLAYING UNDER A FALSE NAME

If you compete under an assumed or false name, you immediately become ineligible.

EARLY GRADUATION

Students who are granted an early release after their junior year are ineligible for further participation.

SPORTSMANSHIP

If you are dismissed from an athletic contest for unsportsmanlike conduct, you will not be allowed to participate in the next athletic contest at that level. Future participation in any sport could be in jeopardy, due to severity of offense.

NON-SCHOOL COMPETITION

You may not practice for or participate with a NON-SCHOOL team or in any organized NON-SCHOOL athletic competition and for your school team in the same sport during the same season. You may participate on a school team and a NON-SCHOOL team in different sports during the same season; however, you may not practice for the NON-SCHOOL team or participate in organized NON-SCHOOL athletic competition on the same day that you practice with or participated for the school team without prior approval of your school administrator. You must receive approval in advance from your school principal in order to miss school time to practice for, travel to or compete in organized NON-SCHOOL athletic competition. You may not play at any time on an organized NON-SCHOOL basketball, football, or volleyball team made up only of members of your school team unless a.) The teams are nontraditional; see MSHSAA Handbook, b.) during the summer months when there is no limit on team rosters/lineups.

COLLEGE AUDITIONS and TRYOUTS

You may participate in a college tryout, audition or evaluation event for a specific sport outside the school season of the sport covered. You may not miss school time to travel or participate in the event unless your absence is approved in advance by the building principal.

ALL-STAR GAMES

You may not compete in an all-star game before you complete your eligibility in each high school sport. Participation in an all-star game before ending your high school eligibility will result in you becoming ineligible to participate in any high school sport. **A senior with no high school eligibility remaining for a specific sport may participate in one All-Star game for that sport during the school year.**

RECRUITING of ATHLETES

You will be ineligible if you are influenced by persons to attend or transfer schools for athletic purposes.

SPORTS CAMPS and CLINICS

You may attend a specialized summer athletic camp or clinic where you receive instruction or coaching from a member of your school's coaching staff for a maximum of two calendar weeks in any one sport.

You may attend a non-school sponsored summer specialized sports camp or group instruction for as long as you wish as long as you do not receive instruction or coaching from a member of your school's coaching staff.

During the school year outside of the school sport season, you may attend a non-school-sponsored specialized sports camp provided it does not result in any loss of school time and attendance does not occur within 14 days of the start of the school sport season for the sport concerned.

During the school sport season, you may attend a non-school sponsored specialized sport camp or group instruction provided a school coach attends with you and no loss of school time. It may not be a team camp during the sport season. If an individual skills camp is sponsored by a junior high or senior high school other than North County Middle or High School, you may not attend that camp.

You or your parents must pay all camp/clinic fees, tuition and other related expenses.

FOREIGN STUDENT ELIGIBILITY

A foreign exchange student is eligible at North County High School as long as they are participating in an exchange program recognized by MSHSAA, and they meet the age requirement.

NORTH COUNTY R-1 SCHOOLS Eligibility Standards and Rules

As a member school of the MSHSAA, all rules and regulations of the MSHSAA will be followed by the NORTH COUNTY R-1 Schools.

CITIZENSHIP GUIDELINES FOR NORTH COUNTY HIGH SCHOOL STUDENT/ATHLETES

All participants in the North County R-1 Athletic and Interscholastic Activities Program are students first. They must follow and obey the rules set forth under the North County Middle and High School board adopted Discipline Policies. This includes practices, games, transportation, and any time spent while acting as a North County Middle or High School Student/Athlete. The punishment for breaking these rules will be the same as for any other North County Middle or High School student.

It is understood that citizenship eligibility cases are handled on an individual basis at the school level by the coaches, athletic director, principal, administration of North County R-1 Schools.

Misconduct at School - After a review by the coach, athletic director, and principal, the parents and athlete will be notified of the result. The seriousness of the case and attitude of the athlete will determine the penalty. Penalties will range from a reprimand to temporary or permanent restriction from representing the school in interscholastic activities. Reoccurrence will require that permanent restriction be considered.

ISS or OSS Suspension – A student athlete placed in-school-suspension or out-of-school suspension will not be allowed to practice, participate or play in games until their suspension is served. A coach may require that reasonable practice time and general conditioning missed by the athlete be made up before the athlete may participate in a contest. Reoccurrence will require that permanent restriction be considered.

Cell Phones or Cameras in Locker Rooms and Dressing Facilities Prohibited -- Cell phones and cameras are not to be brought, stored, or used in locker room or any dressing area. Punishment for such act will be issued according to the North County High School Student Handbook.

Unsportsmanlike Acts/Profanity/Insubordination – A student participating in athletics or interscholastic activities who commits such an act may be subject to dismissal from practice, a one game suspension, or dismissal from representing North County High School. Each case of this type is to be reviewed by the coach, athletic director, and principal before a final decision is reached.

Criminal/Juvenile Offenses: Students charged with misdemeanor or felony offenses, or with offenses which would be misdemeanors or felonies if committed by adults, may be permitted to represent the school district in interscholastic activities pending the legal disposition of the case. However, school officials may suspend or terminate students from such participation before the legal disposition of the case if students admit the conduct for which they are charged or if other strong evidence available to school officials indicates that students in fact committed the offense or violated the MSHSAA citizenship rules.

In accordance with MSHSAA rules, after a student is adjudicated to have committed such an offense, the student will be suspended from participation in interscholastic activities during the time period while serving a sentence or satisfying other court-ordered consequences, including community service. However, after serving a sentence or their court-ordered probation, counseling or similar remedial programs, the student may be determined eligible after an administrative review (coach/sponsor, athletic director, and principal). After a student has completed serving a sentence or has satisfied other court-ordered consequences, he/she may be determined eligible for participation in extracurricular activities after an administrative review (coach/sponsor, athletic director, and principal)

Any incidents that are not covered by these guidelines will be reviewed on an individual basis. It is impossible to anticipate every situation that may be faced; when such situations occur, the administrative and coaching staff will take the appropriate action consistent with the provisions of the policy.

Possession, use, influence, or sale of alcohol, non-prescribed drugs, drug paraphernalia, or tobacco:

North County students involved in athletics or interscholastic activities shall not possess or use alcoholic beverages, non-prescribed drugs, drug paraphernalia or tobacco. If a student violates this rule, they will be held accountable through the North County Middle and High School Discipline Policy.

The violation will be reviewed by the coach, athletic director, and principal and may lead to the following penalties:

Upon review the athlete may be restricted from practice and games for a portion, or the entire sports season.

DUE PROCESS

North County R-1 students and parents are guaranteed due process. The student and parents will have the opportunity to express their side of any incident which they have been involved in. If the student or parent is dissatisfied with any decision, they have the right to appeal through the administrative channels of the school district. Please start your appeal process with a call to the Athletic Director.

If you have a concern to discuss with a coach, the procedure you should follow:

1. Call the athletic/activities director to set up an appointment with the sponsor, coach, athletic director and/or the principal.
2. The North County School number is 431-3300. Middle School extension is 4 while the High School is 5.

Please do not attempt to confront a coach or sponsor before or after a contest or practice. These can be emotional times for both the parent and the sponsor or coach. Meetings of this nature do not promote resolution.

Issues not appropriate to discuss with coaches:

1. Team strategy
2. Play calling
3. Other student-athletes or activity members

TRANSPORTATION

North County student/athletes are required to ride the school provided transportation to and from athletic contests and interscholastic activities. All normal school rules are in effect during this transportation. Buses and their drivers will be treated with respect. The only exceptions to traveling **from** the contest are:

- ❖ Injury to a participant which would require alternate transportation.
- ❖ Prior arrangement (Signature on a consent form) between participant's parent/guardian and the coach for the student to ride with the parent/guardian. The parent must be present to sign the consent form at the athletic contest. (Continued)

*Only under very extenuating circumstances will we deviate from this policy. Any deviation must be approved by the building principal **prior to the contest**.

*Under emergency conditions, the administrator present or the coach will use their best judgment in approving any requests. If there is any doubt the athlete is to remain with the team.

UNIFORMS/EQUIPMENT

Athletic uniforms and warm-ups are to be worn only for games and for special occasions as requested by the coach (homecoming, etc.). Uniforms are to be taken care of, cleaned, and worn in the way they have been designed. An athlete is responsible for wearing the entire uniform, warm-up, pads, etc. in all athletic contests. The uniform must be properly outfitted before leaving the dressing area and none of it should be removed until the athlete is in the proper dressing area. Uniforms are to be turned in to the coach immediately on the completion of the season. If your uniform is lost or damaged, payment for replacement is required. Athletic letters and grades will be held until all school equipment is returned and or paid for. The locker room, gym, playing field, and other school facilities are an extension of the total school. All should be treated properly and with respect. Willful destruction or loss of property or equipment will result in payment of replacement cost, and could lead to dismissal from the program.

DROPPING A SPORT

If an athlete is dismissed or quits a sport, they may not practice or participate in another sport until the preceding sport is done with their season.

MISSING PRACTICE

Practice time is essential for the physical conditioning, teaching of proper fundamentals and teamwork. Practices will be of reasonable duration and length. A student should always consult their coach/sponsor before missing practice or team activities. The coach/sponsor will consult the student and will also notify the athletic/activities director when the athlete has accumulated unexcused absences from practice. Repeated or flagrant missing of practice may result in suspension or dismissal of athlete.

OFF SEASON CONDITIONING

Off season conditioning is a voluntary activity open to all students and is not a requirement for inclusion on any team.

INDIVIDUAL TEAM RULES and REGULATIONS

Each head coach/sponsor may have regulations in addition to the general policies presented in this handbook. A copy will be presented to the principal, athletic director, and student athlete and parents for review before the season.

DUAL PARTICIPATION POLICY

Dual participation in two **sports** in the same season is disallowed. (*Please note trial provision below.) The reason for this are:

1. An ample number of practices could not be met (most school practices occur after school).
2. A student cannot play a game in one school sport and practice for another the same day. (MSHSAA rules).

Dual participation in two **activities** (a sport, club, drama, musical group, etc.) is allowed unless a satisfactory number of practices can be met in both activities. This will be determined by the activity sponsors or coaches involved. This is done to protect the student from injury, as certain skills must be repetitiously obtained. It also guarantees the cohesiveness needed to be part of a unit.

CONFLICTING ACTIVITIES on the SAME DAY

The following rules apply only in case of a conflict. **All students and sponsors have to comply:**

1. **State, district or conference championship activities have precedent over the activities below. The list will be followed in the order presented.
2. Regional conference activities.
3. Non-conference and junior varsity activities
4. Practices

**Band (marching) festivals are considered in this group because of their regional nature.

In case of a conflict, all parties involved must comply without any penalties to the student. In case of a tie (events on the same level), the student will decide which activity to attend. This rarely occurs and needs to be addressed at the beginning of the season, not the day before it occurs.

*For the 2010-11 and 2011-12 school years, the Cross Country and Boys Soccer, along with Girls Track and Girls Soccer, students will be allowed to dual-participate. Coaches, students and parents will work out any conflicts. Students will be asked to identify which sport will be a priority and secondary. At the end of two years, the trial will be reviewed.

ATHLETIC AWARDS

All eligibility requirements of the MSHSAA and North County R-1 School must be met for a student to be considered eligible for consideration for an athletic letter.

The student/athlete must have displayed good sportsmanship in competition and have been regular in attendance at practice and at games. They must complete the season.

The student/athlete must meet all criteria set up by the coach in that particular sport. The coach must notify their team of the lettering requirements prior to the start of the season.

VARSITY LETTERS----First time lettering-Varsity letter and emblem for the sport played. Additional year lettering in same sport—bar. Lettering in another varsity sport-emblem for that sport and bar for each additional year.

J.V./FRESHMEN LETTERS—Follow same procedure as with varsity letter only receive a J.V. letter.

RECOGNITION PATCHES-Conference (First Place), district (FIRST PLACE), and State (TOP FOUR) varsity team patches will be purchased by the school. Standings are not kept in J.V. and freshmen sport in conference, district, or state competition. Therefore no patches will be awarded to these sports. Individual patches such as ALL-CONFERENCE, ALL-DISTRICT, or ALL-STATE may be purchased by the individual through the athletic director.

MAAA SCHOLAR – ATHLETE PATCHES-A North County High School athlete will receive the MAAA Scholar-Athlete patch if they have a 9.0 grade average during the first semester of the school year. They will receive a chevron for each additional year of earning this award.

A GUIDE FOR THE COLLEGE BOUND STUDENT/ATHLETE AND THEIR PARENTS

A guide detailing general requirements, core classes, minimum test scores (ACT, SAT, etc.) for all levels of intercollegiate sports (NCAA DIVISIONS I, II, III, NAIA, and JUNIOR COLLEGES) will be posted in dressing rooms and in the counselors office. Copies of this publication may be requested from the Athletic Director.

IMPORTANT NOTE-A student/athlete interested in intercollegiate sports should file a release form with the NCAA Clearing House at the beginning of their senior year for their core classes to be evaluated. These forms are available in the counselor's office at North County High School.

DRUG TESTING POLICY

BACKGROUND & PURPOSE:

North County School District recognizes that alcohol and drug abuse are serious problems today in America and its schools, the North County School District is not immune. Even students involved in school-sponsored activities are exposed to the use of drugs and experimenting with other controlled substances. The administration of the North County School District has noted and documented, both formally and informally, an increase in the use of drugs and alcohol by its student's, including those participating in school-sponsored extra-curricular activities and interscholastic athletics.

It is the District's position that drug usage is inconsistent with school sponsored extra-curricular activities and interscholastic athletics. Students representing the North County School District are respected and admired by a large segment of the student body. In order to participate in such activities, students are expected to hold themselves as good examples of conduct, citizenship, sportsmanship and training. This includes avoiding drug and alcohol usage. Drug and alcohol use causes serious physical, mental and emotional problems for students. A student using drugs is a danger to him or herself, as well as, other students. The North County School District's students are entitled to drug-free participation in school sponsored extra-curricular activities and interscholastic athletics.

North County School District reserves the right to conduct a program of random testing of students participating in extra-curricular activities and interscholastic athletics for the use of controlled substances, as defined by applicable law. Other purposes of the program include prevention of drug and alcohol usage; education of students and their parents or guardians about the serious physical, mental and emotional harm caused by alcohol and drug abuse; and maintaining a school environment where students can be free from alcohol and drug abuse.

The Random Drug Testing Program is mandatory for all students participating in extra-curricular activities and interscholastic athletics under the District's sponsorship. These activities include football, softball, volleyball, basketball, wrestling, track and field, golf, baseball, tennis, soccer, cheerleading, academic team, speech and debate, band and choir. (All MSHSAA sanctioned activities) Students who do not participate in the Random Drug Testing Program will suffer no adverse consequences, but will not participate in any of these activities. The Random Drug Testing Program does not affect other policies and practices of the School District in dealing with drug or alcohol possession or use where reasonable suspicion is obtained by means other than the mandatory and random sampling discussed here.

PROCEDURES AND GUIDELINES:

Consent: Before any student can participate in extra-curricular activities or interscholastic athletics, both the student and the parents or guardians must consent to the student's participation in the Drug Testing Program. Both the student and the parents/guardians must complete the attached consent form indicating that they understand the policies and procedures involved and agree the student may participate. The form must be signed by both the student and a custodial parent or guardian. Only after providing the coach or sponsor of each school-sponsored activity in which the student wishes to participate with a complete, signed form will the student be allowed to participate in that activity.

Selection: All students participating in a school-sponsored activity may be tested at random during the activity's season. The coaches or sponsors will forward each student's consent form to the Athletic Director. Each student will be assigned a number. One cross-referenced list of names and numbers will be maintained for the high school and one list for the middle school students by the Athletic Director. Only the Athletic Director will have access to the list. Five Middle School Students and 10 High School Students of the participating student's numbers will be randomly selected once a semester. When a selection for testing is done, the numbers of all students currently participating in a particular extra-curricular activity or on an interscholastic athletic team from the high school will be placed in a box, and the first ten drawn from the box will be the students to be tested that semester. The same process will be used at the middle school and the first five names will be drawn from the box will be the students to be tested that semester. The numbers will be drawn by the athletic director or his designee. The Athletic Director will notify the students whose numbers have been drawn. Upon receiving a notice from the administration that the student has been selected for a random drug test, the student will go to the nurse's office where the test will be administered by the school nurse.

Privacy and Confidentiality: The testing method will be a urine test. Appropriate steps will be taken to respect the privacy of students while, at the same time, preventing the falsification of testing. The students will only be identified by the provided reference number. The test results will remain confidential and will only be released to the student, that student's parents or guardians, and the coach, or sponsor affected. In addition, the test results will not be used for other student discipline purposes or restrictions other than participation in school-sponsored activities, and will not become part of the student's school record or communicated to any other party.

All currently available Drug Tests have the possibility of producing a "false-positive." This means that, if the student is taking any over-the-counter or prescription medications, the test may produce positive reading. In addition, certain foods have been known to produce false-positive results. Students who test positive will be requested to disclose the identity of any prescription medication they were taking at the time of the test.

All files regarding the drug-testing program will be kept separate from the mandatory school files required for each student. The test results shall not be made known to any other school officials other than the athletic director and/or principal. Any negligent or intentional disclosure of test results by any school official may be grounds for disciplinary action. Test results will not be turned over to the police or other law enforcement authorities without a court order and the administration will not disclose test results, without court order, for purposes of criminal investigation.

Testing and Verification of Sample: Each sample will be tested for any substance which a student may not sell, possess, use, distribute or purchase under either Missouri or Federal law. If the initial urine test returns a positive result for the substances screened the drug testing facilities lab will conduct a urinalysis for confirmation. The student and custodial parents or guardians may choose to have a second test conducted by an independent, certified lab. A second test would be conducted using a strand of the specimen from the sample initially collected. A second, independent test submitted by the student, custodial parents or guardians will not be paid for by the North County School District, and would be done only at the parents' or guardians' expense.

Consequences: If after testing and verification, a student tests positive, it will be treated as competent and substantial evidence that student has used the substance for which that student tested positive. The student will be penalized as described in these guidelines for incidences of controlled substance and/or alcohol use including... suspension from competition for a period of thirty (30) school days. If the student enrolls in and makes satisfactory progress toward the completion of an approved rehabilitation program and/or counseling program, the suspension will be reduced to fifteen (15) school days. Any official practice days allowed by MSHSAA and used by respective teams will count as days of suspension if applicable. (i.e. Saturday or Sunday practices) In addition, the Athletic Director shall schedule a non-random follow-up test after such interval of time that the substance previously found would be eliminated from the body if no intervening drug use has occurred. A second positive test will result in the student being ineligible for 365 calendar days. Before being allowed to return to competition, the student will again be tested and must test negative. A third positive test will result in permanent removal from all extracurricular activities while attending North County Schools during the term of the student's enrollment.

Drug counseling and assistance programs will be urged by the North County School District for any student testing positive under this policy. If requested by the parents or guardians, school counselors will provide assistance in obtaining help for the student. The North County School District will not be responsible for the costs of any counseling or subsequent treatment. The North County School District shall pay for any testing under this program at its request. Any additional, independent test submitted by the student, custodial parents, or guardians will not be paid for by the North County School District.

The purpose of this program is not to automatically bar from all participation in extra-curricular activities a student who exhibits a positive drug test. The purpose of this program is to educate, help and direct students away from drug and alcohol abuse and toward a healthy and drug free participation in school sponsored activities. With that in mind, students suspended from competition are required to attend, but not participate in, all games and practices to remain a member of their respective team.

Students who are under suspension from participation at the end of the season and/or who choose not to attend practices and games will not be eligible for a team letter or other post season recognition.

DRUG TESTING PARTICIPATION AND CONSENT FORM

I have read and understand the North County School District Student Activity/Athletic Handbook. I agree that participation in school-sponsored extra-curricular activities and interscholastic athletics is a privilege and not a right. I am aware of the School District's requirements for participation in school-sponsored activities and agree to abide by the requirements and penalties outlined in the Handbook. I am also aware that individual coaches or sponsors may impose additional requirements and/or penalties upon participation.

I agree to participate in the Random Drug Testing Program at the North County School District in exchange for the opportunity to participate in any school-sponsored extra-curricular activities or interscholastic athletics. I understand that my signature below authorizes the school to obtain a urine sample from the student whose signature appears below, if he/she is selected as part of the random selection procedures described in the preceding handbook in exchange for the opportunity to participate in any school-sponsored extra-curricular activities or interscholastic athletics. I also understand my signatures on this form authorizes the drug testing laboratories to perform a drug test on the urine sample to test only for the presence of the substances which an individual may not sell, possess, use, distribute or purchase under either Federal or Missouri law. I also understand that the in the event the student is selected for testing, the student and the student's parents or guardians will be asked to conditionally disclose over-the-counter or prescription medications the student has taken. This information will only be revealed if the student has a positive test result I also understand that currently available drug test are not 100% reliable, and that false-positive tests may result.

Student Signature	Grade	Printed Name
-------------------	-------	--------------

Parent/Guardian Signature	Printed Name
---------------------------	--------------

Date

STUDENTS

Form 2920

Grade _____

Activities and Athletics
Acknowledgment of Activity Rules and Guidelines

Athlete's Name _____

School _____

Activity/Sport _____

Coach/Sponsor _____

School Rules and Guidelines Associated with This Activity
(Rules and guidelines to be established by the coach/sponsor and school administration)

District Guidelines for Student Activities
Participation in District-sponsored activities and on District athletic teams is a privilege and not a legally protected right. Although students do not possess a legally protected right to participate in extracurricular activities, the District provides students suspended from participation with an informal opportunity to discuss the basis for their suspension.

Hazing Prohibited
I agree that I will refrain from participating in any student hazing activities as a participant or as an observer. I further understand that violation of the District's hazing policy may result in suspension from school and suspension from participation in all activities.

Cell Phones/Cameras in Locker Room Areas Prohibited
I agree that I will refrain from bringing, storing, or using a cell-phone or camera in locker room and dressing facilities.

Concussion Information
Parents & Athletes are required to view information on concussions by MSHSAA. Log on to the MSHSAA website at <http://www.mshsaa.org>. Click on the sports medicine tab. Then click on the MSHSAA Concussion Information Packet Link. Your signature indicates you were made aware of the requirement to review the concussion material. A copy of this concussion packet is available upon request in the high school office.

Student and Parent Acknowledgment of the Above Rules and Guidelines

I acknowledge that violation of any of the above rules and guidelines for this activity may result in suspension or permanent removal from this activity or all extracurricular activities depending upon the nature of the violation. I further agree that subject to an opportunity to present the student's version of the alleged violation, the decision of the Superintendent/designee concerning suspension and duration of suspension is final.

Player Signature _____ Date _____

Parent/Guardian Signature _____ Date _____